**Name:** Click or tap here to enter text. **Grad Year:** Choose an item. **Counselor:** Choose an item.

**Practice SMART Goals to Increase Your Success**

**S** – Specific (make your goals specific and narrow)

**M** – Measurable (define the boundaries and parameters of your goal)

**A** – Achievable (make sure goal is something that can be accomplished)

**R** – Relevant (align goal with values and long-term goals)

**T** – Time Bound (set a realistic end-date)

***I. Academic, Personal, and Career-Related Goals*
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

1. **What is one educational goal you have for the remainder of the school year?** *e.g. Increase my Bio grade from a C+ semester 1 to a B in semester 2*

Click or tap here to enter text.

1. **What is one personal, non-academic goal for the remainder of the school year?** *e.g.: To read two books for leisure by the end of the June*

Click or tap here to enter text.

1. **What is one career goal you have for life after high school?**

*e.g. Enroll in a local technical or community college and pursue an EMT certification*

Click or tap here to enter text.

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

*II. Course Planner Directions:*On the following pages, fill in the courses you have taken (and/or plan to take) each year in high school. Required graduation requirements have been filled in for you. You are permitted to have more than the minimum credit requirement in each category (e.g. 6.0 science credits out of 3.0 required)

* Use the "Typical STEM Student 4-Year Plan" handout as a guide on which classes to take and when.
* Your plan will change and update each year! Don’t worry if you’re not 100% sure about an elective or two.
* You can review our full **course catalog** on Teams or on our Counseling website. Detailed graduation requirements and College requirements can be found within the course catalog.

Once you’ve completed filling in your 4-year plan, save your document and **upload it to the 4-year planning lesson on Xello and hit SUBMIT.**

*Continue to next page…*

| **My 4-Year Course Plan** |
| --- |
| **SUBJECT AREA**  | **GR 9** | **GR 10** | **GR 11** | **GR 12** |
| **English**  Credits required = (4.0)**My total=** /**4** | **Honors English 9** (1.0) | **Honors** **English 10** (1.0) | **AP or Hns English 11** (1.0) | **World Literature** (1.0) |
| **Mathematics** Credits required = (3.0) **must include** **Alg. 1, Geo., & Alg. 2.** *(okay if done prior to 9th gr.)* STEM students take 4+ **My total=** /**3** | Choose an item. | Choose an item. | Choose an item.Choose an item. | Choose an item.Choose an item. |
| **Science** Credits required= (3.0)  (*STEM students take 4+)***My total=**/**3** | **Honors Physics** (1.0) | **AP Environ. Science** (1.0) **AP or Hns Biology** (1.0)**AP or Hns Bio Lab** (1.0)Choose an item. | Choose an item.Choose an item. | Choose an item.Choose an item. |
| **Social Studies** Credits required= (3.0) (*must* include **US History**, **Contemporary World Problems** & **Civics** plus an additional 0.5 social studies course of your choice to meet this requirement)**My total=**/**3** | N/A – None offered in 9th grade  | Choose an item. | **Honors U.S. History** (1.0)Choose an item. | **Contemp. World Probs.**(1.0) **Civics** (0.5) choose one: Choose an item.Choose an item. |
| **Health** Credits required = (0.5) offered @ STEM free of charge in 12th grade) **My total=** /**0.5** **Fitness / PE**Waiver process (written PE Plan) offered in 11th or 12th grade- you choose (0 credits) | Choose an item. | Choose an item. | Choose an item.Choose an item.*Continue to next page…* | Choose an item.Choose an item.*(\*\*Most STEM students will take both in 12th grade)* |
| **\*Arts**Credits required at STEM = (1.0)**My total=** /**1.0**  | **Graphic Production** (1.0) Choose an item. | Choose an item.  | Choose an item.  | Choose an item.  |
| **\*World Language**Credits required = (2.0)**of the same language****My total=** / **2.0**  | Choose an item. | Choose an item. | Choose an item. | Choose an item. |
| **Career Technical - CTE** Credits required= (**1.0**)**My total=** / **1.0** | **Entrepreneurship** (1.0)**AP Computer Science Principles** (1.0)Choose an item. | Choose an item. | Choose an item. | Choose an item. |
| **Additional Elective Credits** required beyond the above requirements **= (4.0)**You need 24 TOTAL credits to graduate. Count up your credits and total them below.  | **List any electives that don’t fit into the above categories here** (e.g. peer tutoring, independent research, leadership, etc.)Click or tap here to enter text.  | **List any electives that don’t fit into the above categories here** (e.g. peer tutoring, independent research, leadership, etc.)Click or tap here to enter text.  | **List any electives that don’t fit into the above categories here** (e.g. peer tutoring, independent research, leadership, etc.)Click or tap here to enter text. | **List any electives that don’t fit into the above categories here** (e.g. peer tutoring, independent research, leadership, etc.)Click or tap here to enter text. |
| **TOTAL:** / 24 |  |

Once you fill in your whole plan (9th-12th grade), **save** your document to your computer and **upload** it to the 4-year plan lesson **on Xello**.

Remember to hit
**SUBMIT!**